

## **Podcast Series: Holistic Nature of Us**

### **Episode #44: Agneta Borstein: Astrologer, 2019 Overview for All Sun Signs**

**<http://www.judithdryeyer.com>**

Hi I'm Judith Dreyer,

Thank you for joining me for this pod cast series "The Holistic Nature of Us".

My intent is to take us, you and I, into a better understanding of the concepts behind our holistic nature and how that ties directly to the holistic nature of the world around us. How can we connect the dots in practical ways that we are nature and nature is in us?

I will be featuring authors and educators, practitioners and others whose passion for this earth helps us create bridges. We'll see what's trending, what's relevant to our world today, not just for land use, but to connect the dots between nature and ourselves. It's time for practical action and profound inner change so our natural world is valued once again.

Today I'm delighted to welcome back Agneta Borstein. Agneta is a professional astrologer. She is a workshop facilitator, a teacher and an author and Shamanic practitioner who combines her 30 years of healing with a distinct and personal approach. She maintains a private practice here in Connecticut and she has spoken at numerous conferences.

Today she is the current president of the Astrological Society of Connecticut. She is the producer and host of the Astrological Nutmeg TV show From Sky to Earth. And her book, "The Moon's Nodes – Understanding the Dynamic Ties that Bind" is also published and available. And again, we're going to approach Holism from a different perspective. We're going to be talking about astrology, planets in 2019 and how and what our sun signs have to look forward to for 2019.

So welcome Agneta. It's so great to have you back again!

AGNETA: Thank you Judith. It's my pleasure. Good to be back and to see what possibly we can...is it a prediction or perhaps an observation for 2019?

JUDITH: I like that.

AGNETA: Yes. It's quite a bit as we look at the past and look into the future, we might all have to be reminded where we stay today. And that would be my message for 2019. As you know the whole shift from ecological, political, gender equality on many and all levels, immigration and all its different aspects, but also the religious aspects of institutions falling apart. So, we have a spiritual aspect and it's not to suggest that some people have not done all the healing that they can do but the sky, the planets often talk to us here on earth and so 2019 would be about looking at the last few years not just political observation but also looking at the world at large. There are so many shifts. Many countries have to force their own people out so that they go into other countries. So there is a shift that if we look at so many different planets, I would like to give your audience just what is important for planets during 2019 because depending on what channel we might look at – political views, there are a lot of disagreements but in the point of your great podcasts that you try to convey, what I hear Judith is also to give people hope. Because depending on what channel you choose for the news. What newspaper you might choose to read or what social media you might give your opinion, 2019 is to accumulate your wisdom, your healing; your understanding of your own sense of moving forward in the uncertain outer world. Therefore 2019 has a great opportunity to continue staying focused. Bringing the sky onto the earth and into ourselves as planets are very alive in the sky right now. And 2019 is more about preparing for a new big cycle in 2020 and we're going to try not to go to 2020. I might come back another time and talk about 2020 because that is pretty intense, but let's not go there at the moment.

But what I want to remind your audience in a complicated astrological lesson is to say that throughout 2008, 2011 and 2012 there was a huge shift of two major planets. They were fighting against each other and now it's more like the fact of planetary energies are focused on Capricorn. And Capricorn in itself, the shift itself that is occurring right now is really not totally finished until 2024 and 2026, which is not doomsday observation. But going back to that 2011 to 2050 was huge. That was actually a 35-year cycle. So, there are always cycles within cycles, within cycles in astrology. But Pluto and Capricorn, the earth planet very important because that's what happened before in 1762 to 1778. We know that there was a great country that was born but we also have to be cautious about what we do to that earth observation. We know the whole – is there climate warming? We know

there is. But some people still refuse to take care of Earth if you will, and that will be your concern. We applaud you for that, to pay attention to that because people are learning new ways of how we take care of our Earth, if you will. And in that process the planet Saturn is also in the sign of Capricorn, which reinforces that fact, because Saturn likes to be in Capricorn. It is home in the sign of Capricorn. Therefore, you see a lot of resistance because we shouldn't have to go and resist the government and there you go again with it's not only America that has these challenges. You see it throughout the world but since your program Judith is here in America and perhaps goes internationally eventually, I always like to say that that Capricorn is when we protest because of governments reinforcement of laws and all that, we also have to have the dignified love for what we have created in our own healing. Take charge of our own self and not get controlled by those outer forces that are strong in 2019 but preparing for 2020 would be crucial actually. Only the strong survive. So here we are. What was important for 7 years was Uranus was in Aries and as of March of 2019 that planet represents radicals thoughts, revolution but it also rules invention and things that are necessary for survival even. So, you have behind the scene a lot of new medical breakthroughs. Never mind, you know, cancer is an awful disease and so common but there is a break through with Uranus in areas. As of March of 2019, when the planet goes into Taurus, which is an earth planet, which is taking care of our resources. I hope, and I also believe that many resistant from the ecological point will understand that we have 7 years when Uranus is in Taurus to kind of realize we are together on this earth plane. We have to come together with those different breakthroughs in the way we take care of the earth. So, you have another earth planet which does very well from time to time with Pluto in Capricorn. The other one that want to also observe is Neptune in Pieces, very important because of the fact that it went in, in 2012 and will stay until 2026. The last time that's a whole cycle was in 1849 until 1862. We might observe that as a civil war. History repeats itself. I'm not predicting a civil war but I'm observing the fact that at that time there was the North and the South Civil War, disagreement over race, all the different money. Was it race or was it money? And who was who to rule who? But also, at that time when Neptune was in Pisces before, there was a major crisis with opium until the doctor realized we can't do this any more and as we know and hear the news the legalization of marijuana is common. You know I'm not saying for or against this. I'm just saying people are escaping reality. So, we, absolutely you Judith and your audience, are in need of surrendering to the alternative living and feeling and sensing that to pay attention from the

sky to earth is also, can we clean the waters. There are many companies that I have personally followed, cleaning up the ocean. There are more people who say, we are all in this together. And I will be the first person, or the first astrologer and you are part of that to say, there's hope! Because you know they say there were 10 years left for this global warming but there are things behind the scene that are made as we speak.

So, with that, that is also part of having faith and not feel that spirituality also comes into the religious part because Neptune in Pisces is that way of kind of dissolving matters. Churches are, kind of unfortunately, disappearing and we have this new thought process coming through in that Neptune in Pisces. And the other one that is going to be, there's a big planet Jupiter, he's a big guy and he has now just entered into his own sign of Sagittarius. We will talk more about that when we hopefully get into the individual sun signs that your audience will understand. But Jupiter and Sagittarius is the promise. Let's not over-do, over spend let's always take that into account that throughout just about the year and then at the end of 2019 Jupiter will go into Capricorn. He doesn't really like to be there because we have a detriment; we have rulership; we have the ABC of rules in astrology. But that's also going into 2020 which goes into the future segments but all that coming into Capricorn is very important for us. By bringing Jupiter to say like, "I don't care if I'm naive to have hope for the future for children and grandchildren and the trees and the earth." We, in our backyard, are still doing a lot. You have noticed that Judith, by your reaching out to the community. We are seeing not just alternative living but we have seeing proof of their faith to continue having changes be made in a subtle way. Governments, they are the powers, so maybe we can't let them rule us. Maybe that individual healing is that opportunity for 2019 the way I see it.

JUDITH: Interesting Agneta. I also feel that we can't change, as so many people say, we can not change from the top down. We really have to change from the bottom up and that's where I see hope. If we all could find what our passion is and do it instead of thinking about it or getting seduced by watching 150 shows on TV, if we all applied ourselves in some small measure to what is our passion, we do make a difference. It's just hard to see that.

AGNETA: Well that's what I would like to do today, to say to people that if we didn't see it then we are part of the resistance movement that might have

to exist so that we are more aware that we are not giving up. There will always be the duality of good and bad, dark and light. When we look at planets there is always two sides to the planets. There are always 2 signs to a coin.

So, it depends on how we have done our healing and hope to implement that with the faith of saying I need to, for example, I need to know that the little harvest in my backyard is doing well. I make sure that I take care of myself in a daily routine that should a disaster come around me, I know I can run fast, if you will, you know? There is the devastation about the fires, about the earthquakes. They are increasing and that's not what unfortunately you can not predict that this is when it's going to happen. Things can happen anyway but we both know sometimes with eclipses happening and we are actually moving out of a strong Leo Aquarius eclipse then. There is one more on January 21<sup>st</sup> that kind of ends one cycle and then it moves into another cycle. And the other cycle is then Cancer Capricorn. See what this connection with Capricorn which is your bosses, your government, your rulers, what is good about this is what I'm trying to get across here. We as individuals have to be more ready for changes around the corner from us. We have to have that faith because if not, then 2019 will slow down this churning process of individuals. We, as individuals, have more responsibility in 2019 to say like, "I wasn't that odd. I wasn't that different because I see more and more people understanding the shift and we have two choices to do. And that again depends on what station you look at, your opinion. We don't talk politics at our Thanksgiving dinner table or the holidays because everyone has the right to their opinion and therefore you see that. The radicals say like no I'm in charge. I'm going to tell you what to do. So that if we, as individuals especially the signs of Capricorn, Cancer, Aries and Libra, we will get to that hopefully because this is so interesting in itself as in looking at just the whole picture which we were trying to do and then get into some of the sun signs because I do believe that all sun signs are at this time able to reconnect to that inner source perhaps, not just astrology, but how we live our lives and also to be ready because anything can happen any time unfortunately and fast. That's not going away in 2019 but it's almost, I like to say, 2019 is a little softer than perhaps the last few years even though I think the news will not be soft. We start the year of Jan. 2019 with some strong inclinations, just looking at January and therefore...did you have a question Judith?

JUDITH: No, no, I'm listening.

AGNETA: What also is important the way that I wanted to start this is about, where have you been lately? You know the alternative is about healing, massages are all over the place and healings are more accepted. That Chiron is a little asteroid energy that was discovered in 1977 and in this process of you and I understanding it, it has been in Pisces and just right now, as in Spring of 2019, he moves into Aries. Which Aries is me. I have to be strong not in a selfish way but when Chiron comes into Aries it's an opportunity to check into that. We say, oh yeah, I like to go to my yoga. Are we really implementing our inner voice, our inner healing? This will be resolved. What I'm trying to convey that is so accessible the healing that does occur when we sit still and listen. If we listen to the trees, or the water we can find an inspiration to heal within and bring that out and people who have been in the alternative healing are starting to see their own personal resolves by, yeah, I'm okay. I'm doing my purpose. For people that don't have purpose that are controlled by this other side of the coin, then we'll be more vulnerable to be caught in action or wrong doing if you will.

JUDITH: Interesting. You're really bringing out some trends for us to be mindful with. But what I'm hearing is, is to really be ready for change. We know what happened this year. You know the devastation in the Carolinas, in Florida, the wildfires out in Northern California were not pleasant. People got trapped, but we're not here just to talk about the doom and gloom. We're here to talk about what it means on an inner level and I really like the points that you've brought out to us to feel the faith. To think twice about what we hear in the outside world. To go within to the inside world and make the change.

That being said, can we start going through the Sun Signs?

AGNETA: Right, yes. And what it is about the ABC or the 1,2,3 about astrology is that we usually start with March, because that's the sign of Aries as it is spring equinox but because we are broadcasting this in January 2019 I thought we would just start with January which of course will be the sign of Capricorn as in this is how we start the year, if you will. And because I wanted to do it and we will get through all the signs that is because eclipses happen all the time, four times a year. On January 21<sup>st</sup> there is a conclusion of what has occurred the last year and a half. So, that would be anyone who has the sign Leo or Aquarius will be important to kind of accumulate success, visions for the future and to say like, okay I'm moving on to another phase of my life and that is very positive in the way of using

astrology because when we then take the fact of Jan. 21<sup>st</sup> is already Aquarius but the whole month for **Capricorn** will be at the end. There was an ending Dec. of 2018 so the New Year starts for the Capricorn. It will be very important for that purification that we talked about for Capricorn to, there is a lot of opportunity for promotions for the whole way that I see it. The accumulator, which calls Capricorn, can benefit, the sign of Capricorn, by going back to school. There is good interaction for what we then call that Uranus energy, especially people that are born in the beginning of the Capricorn sign. And sometimes that gets a little tricky because there are big changes of certain degrees of the zodiac sign – which I don't want to get that complicated – but overall Capricorn has this way of saying: "I will make goals for 2019." I have some part of March 2019 that's even more brining in this discipline of, if there's a person that has the personality of Capricorn, he might have to be speaking out more and in that part of Capricorn is also the fact of preparation for these things that we talked about. The inner healing. The persistent, the what I call the faith of Capricorn is sometimes hold but it's also realistic in the timing and finding the results. Capricorn is a very crucial and important planet energy because Saturn already went into Capricorn, but the people born basically a degree of the 13 degrees which is the technical part, would be people who are born in the beginning of January rather than late when Capricorn starts in Dec. So, the point is those are very good for the whole year of 2019 to say "I need that promotion. I deserve that promotion. I need to achieve." Those are very positive ways to perhaps coming into 2020 and allowing that to come through. So, the weekend of January 5<sup>th</sup> that whole weekend, is good for any type of Cancer, Capricorn interaction. Family becomes important. And overall Capricorn also forces America, and I just want to point that out just for a little bit that in the beginning of January 2019, never mind the Democrat/Republican this is not a political program that we are talking about, but January is so important for how the whole year will be as this Uranus comes into Taurus or the Capricorn. Who is the real boss? Who is the real government? That's the individual self. This is what you program is trying to comprehend, that we will turn off the channels and endurance is very important for that.

JUDITH: Hmm, that's interesting. That's a lot to think about for Capricorns.

AGNETA: But in that process if there was somebody who already has the power then that's a very good time for the 2019. Saturn doesn't rule very fast. He doesn't travel very fast but it's an important time in the 2019 for all

of us really. We all have all the zodiac signs in our charts. So, it's important for discipline the way I was presenting at first to make sure to keep that Saturn rules time so it's a matter of time to be persistent and positive, as Capricorn is an earth sign. Taurus is earth, to stay here and worship that if you will.

JUDITH: Well, I always think of **Capricorn** as very grounded, a very grounded sign. So basically, if I can just sum this up so we can get to the next one. There is some opportunity for promotions for Capricorns and discipline is important and that inner feeling, that inner discipline is very important. And then we can all pay attention to what is happening on the outer world in January because as you said that's going to set the tone for the year.

AGNETA: It does, yes, yes. And that's for all of us but especially Capricorns. I would say that, yeah, right to new goals and new directions or the direction of that.

JUDITH: Cool. Okay, so next on the wheel.

AGNETA: So, **Aquarius** will come in then with that eclipse that ends the cycle, so that's part of why eclipses or full moon is always in opposition. And this one I would like to just say a little bit. No, I'm not going to say a little bit. It does hit our current President Trump, the last year and a half and it hits him very much. And that's a blessing to some and a disgrace for some. That's all I want to say but January is very important for whoever has very strong Leo quality in them or Aquarius in their natal chart. And so, with that, that's when Mercury goes into Aquarius on January 21<sup>st</sup> which is also a natural cycle. And Aquarius is an interesting, just in general the basic part of your audience would hear. **Aquarius** of course rules that new vision, new age, new ways of looking at things but it can also be quite, not stubborn but like focused on like, "no that's not how it is". When Mercury goes into Aquarius it's like we think it all borders on nothing, but it is part of Aquarius and has a way of being fixed rather than anything else but it's also the fact that it comes into that point. So, in Aquarius, let me just see here, it does very well with communication in general for reaching out. Though we sometimes think Aquarians are so cool and detached. Sometimes when they show their true emotions there is a lot of emotion there. The symbol of Aquarius is that flow of water, that's consciousness. They hold it in until the urn over-spills. And it's not that much shift in Aquarius more than the

planet Uranus that then would like to, Uranus belongs to Aquarius and in that process it's also about Aquarians finding their individuality. There are good ways of communicating for Aquarius reaching out February 7<sup>th</sup>, February 9<sup>th</sup> about being courageous and especially on the 9<sup>th</sup> and the 10<sup>th</sup> as in following through with their own way of communicating. Their own way of allowing that to come through, what needs to be communicated about. I would find that a little bit disagreement. It could be just small disagreement right before Valentine's, come to think about it. There could be some communications challenges, but we hope not. I always like to see the positive. The eclipse on January 21<sup>st</sup> to go back into that, Aquarius is a super moon and that's kind of fun to be an astrologer when the whole world – oh look at that red moon. It's just because of speed that it comes closer to us, but people will talk about that total eclipse, so that goes with the Valentine's Day and a little bit about uncertainty for some Aquarians.

JUDITH: Okay.

AGNETA: Synthesize that, huh?

JUDITH: Right. Well I think what you're basically saying for Aquarians they're going to have follow through with their communication and there might be a little bit of uncertainty in that month, and that's okay because that's life.

AGNETA: Yeah right. Sometimes they have to unleash all that they hold in too and that would especially those. It could be a relationship that has been going on and not in the right direction. Then that interaction between Leo and Aquarius at that eclipse on January 21<sup>st</sup> would be setting the tone to make you think, because you know that's all part of the water in our bodies and in the ocean and it comes up, stirs up emotion. Eclipses are basically a strong full moon. You know we see them and personally I love that moon, so I follow that. Eclipses are my specialty, so I follow them closely when they happen. It's good to dance and let it do the drumming and let it out and celebrate rather than sit still and be scared of it. But these are also the overall part is a strong part, is the whole January to follow through for the observation every night. New Year's Eve give those New Year's Eve resolution. The whole January would follow that.

JUDITH: So, get your vision board ready is what you're saying.

AGNETA: Oh, that's a good one, yeah, right, right.

JUDITH: Okay, so let's go to Pisces.

AGNETA: **Pisces** has, that also depends on the degree because it would be, basically people who are born around the beginning of March in degrees is crucial right now to follow intuition, developing that if you're not aware of how important it is to follow your gut level feelings because the big guy, Jupiter does do a challenge to Piscean energy. It's part of the path that now as **Mercury goes retrograde 3x a year. On March 5<sup>th</sup> it is in Pisces and it goes direct on March 28<sup>th</sup>**, which means within that time most Pisces in the degree but especially those born early in March, should be cautious to see that it's not a good time to basically, it's quite easy to say Mercury retrograde don't sign papers. This time because it's in Pisces maybe none of use should sign any papers because what do you see clear? What is it in your mind during those times of the retrograde motion? Intuition falls into all of us but this time especially Pisces because we do have kind of suggested that Pisces are kind of not clear. I don't know what I feel, what I don't see. So, when the intuition comes into play and therefore don't run to fast. Jupiter is a beneficial planet but that could be very strong recommendation to...I would not sign papers for a house that could be challenged with water. You know sometimes you do that timing to say sign now or don't. That's very important for people too. It might even be fun for Pisces to say this mantra, "I don't know. Sometimes we just don't know and if we sit down of course Neptune and Pisces rules meditation. But it also rules drugs and alcohol. So, any time in that time not just to say Pisces but the Virgos might also be affected by this. Just take your time to sense. Increase the yoga and the meditation and take the walk in nature, sense and feel that this is not the right time. And it's also because Mercury, the communicator that's going to go retrograde on March 6<sup>th</sup> through the 28<sup>th</sup> is also very close to this Neptunian energy. Personally, I love Neptune because Neptune is as real as any other planet but illusions, the drugs, the escapism to say like let's be real here. And the realistic part comes in to the Pisceans and quite strong.

JUDITH: Those are good tips. I'm not as negative about Mercury retrograde as some people are because for me, it always says to me, okay if something is going to go back just a little bit and it's not a time to sign papers, then what can I do at this time? So, I find it's a time for me to go over goals, to go over the office drawer and make sure I've got some things in order. It gives me almost permission to take a break and to reorganize so to speak.

AGNETA: Definitely. I personally so agree with you because life doesn't stop. At certain times it is, as it would be, and we talk about the face of Pisces and then in July it will be in the sign of Cancer and then at the end of the year it will be Scorpio. So, you have this sky that says time out. Life can't stop so I so agree with you but I do kind of say the way you do cleaning your desk, but I also say it's good to do research. It's good to write. It's good to go within and to say like, I need to say something. I just need to work and then you know as a writer you write 5 different copies before you really have the true copy.

JUDITH: Exactly.

AGNETA: You know? So, it's a very good time to be involved with that. And if there was a time where you had to sign a piece of paper it could be good to call in an astrologer because you might be hit right on your head if you will. Then I might say, no, just wait for a little bit when it's a situation. But overall in the masses it's a very good time to go within. I did have, quickly, a travel to do with three different stops in Europe. I lost suitcases all the time, all 3 different destinations. But I knew it, So, at one point you just have to laugh because you can't work against the grain of the sky and you have to like surrender to it. And it sounds like you are doing exactly that and that I would like your audience because I have some people know a little astrology and "oh no I can't do anything". Well that's kind of sad. So I really appreciate your approach to say let's take time out and can you come and clean my desk?

JUDITH: (Laughing) That's funny.

AGNETA: I take that in March and we can laugh.

JUDITH: Yeah, I'm a pretty good office organizer so...we'll see about that. Alright let's go into Aries.

AGNETA: Right, because that's what we usually do. We usually do that as in we have to quickly go through all the zodiac signs Judith? It's a lot. There's twelve. So, we don't have much time.

Spring is always special. Spring is the equinox and there is that...Jupiter has tried to move forward and then it goes into this retrograde motion all the way through April and so that is affected too by the sign **Aries**. But Aries is kind of, some of them will do good without Jupiter because it's a fire sign.

But also, what happens with Aries is strong to be, Aries is not always that courageous as we think. But March 31<sup>st</sup> is part of allowing the letting go of the old. Let spring come in. Make that promise very strong because that, and depending on the degree that you have natively, that's a challenge to all the Capricorn planets.

JUDITH: So, you're asking Aries really to set their intentions with deep mindfulness.

AGNETA: Right and all those I would say the people born especially in the beneficial part of people born in like mid-April, so that's still Aries has beneficial part to really achieve the goals, start something new and be courageous about it, which Aries sometimes is not. But that would be a good time for that.

JUDITH: Okay, alright so let's go to the next one Taurus.

AGNETA: That would be **Taurus**. Taurus is very important right now because that is coming into a very good configuration with the Capricorn planets Uranus in Taurus. Those are, you know, the Taurus we always have kind of jokes about all of the zodiac signs. When Taurus moves it really moves. This is a good moving chart and year for the 29<sup>th</sup> for Taurus quality. If we visualize the real slow Taurus, when they move, they move. This is a year of movement and it's beneficial to stick with the goals and it's actually throughout the degree is throughout the whole 29<sup>th</sup> and you couldn't separate them. You could maybe suggest that you know even the first day when the sun goes into Taurus there's a full moon right the day before, so that's a very subtle energy to go into the earth. Earth Day is on April 22<sup>nd</sup>. There's a lot of Taurian beautiful ways of looking at how we can, especially what you have your program about, allowing the Taurus quality to come in maybe in all of us but especially Taurus and really achieve Earth Day making sure they have a goal into that and that's very good.

JUDITH: Now with Taurus I always think of Taurus as being, at least the Taurus people that I know, are very good either money managers or money seems to come to them in some fashion. Is that a generalization?

AGNETA: It's not a bad generalization at all because Venus, which is the ruler of Taurus, Venus rules money. Taurus likes luxury things but also comfort foods, heavy soups, the earth qualities. So, it is a good sign to say, when we're talking about 2019 for Taurus is saying if this is going to be my

year, I'm going to make that money. Market is flexible, but I won't go into that because that's a big one. But it's also individually there's a lot of promising ways to steady, finally find that source of comfort. If anything, it's April 30<sup>th</sup>, it does rule part of all the way from April 30<sup>th</sup> to September. Taurus has that many months to really stick with the goals, persistent as they are. I like the Taurian energies chart as we're trying to get through them. The other one, Gemini, should I move on to Gemini?

JUDITH: Yes, yes.

AGNETA: So, I was going to cover them all since that's how we like it to be. I just want to make sure if there's anything else in Taurus. The way you talked about money in Taurus – on May 15<sup>th</sup> there is the quality. Venus goes into it's own sign and that's very lucrative if you will, but it also is about, there is so much richness in the soil that that's also digging in the earth and allowing that. And there is a strong full moon for the Taurus energy, Taurus and Scorpio on May 18<sup>th</sup>.

Now moving onto **Gemini**. That's a different story actually because that Jupiter...when we study astrology everybody loves Jupiter. He's a big planet. He's a good luck charmer and then what is the other side of that? I'm a cautious Jupiterian kind of observer as an astrologer. I do like Jupiter, but you've got to be careful because he's so big. He overspends, overeats. So all Geminis, outside Sagittarius, but all the Geminis should be a little cautious about setting...I don't want to say that we should not all have goals and achievements but I do think that because we have this opposition, which does affect both Pisces and Virgo too, is Jupiter in his own sign is beneficial, don't get me wrong but Gemini sometimes tends to run too fast and then it makes a challenge into what we talked about earlier, about Pisces. What do you really see there in Gemini? What side are you showing right now? You know the Gemini can be shifting but when it puts its mind to something then it would be very beneficial, relate to travel. Jupiter can be restless. This is a good year for travel and it's also a good year for the Geminis to kind of find its source and take a chance, you know? Let's just do it. And if ambition is strong it is a very good year for Gemini to kind of say I came so far let me not push myself. Mercury goes into Gemini too and there is that. There is a full moon all the time, but the part of that **Gemini is basically to slow down and smell the roses.**

JUDITH: Oh, I like that. That's a good motto for Gemini for 2019. Okay, Cancer.

AGNETA: The poor little Cancers. They are going to be...it is...as we know **Cancers**, they hold it in. The little crab and it's hard for them to show their feelings but what happened at the end of 2018 and moving forward to those eclipses that we talked about. Then that is very important for Cancer to kind of surrender to the fact that we all have emotion. We all have emotion but in that process of looking at it as quickly there is a solar eclipse on July 2<sup>nd</sup>. and (in parenthesis that solar eclipse is so much connected to the January eclipses in the United States of America.) America is 12- or 13-degree Cancer country. These ways that we have tried to be positive is very important year for preparing for what...never mind there is an election in 2020 but that's what I'm talking about because Cancer, in itself are affected by these eclipses and that's okay. They happen all the time but between this July 2<sup>nd</sup> and July 16<sup>th</sup> that's part of it because other planets, the karmic link are important in this process to see how much it is Cancers have to let go of, are aware that they have to let go because Saturn are now processing its involvement in the wounds of the nation, which is the United States. But there are other countries that have wounds too. So, we go back into the individual self which is what we're trying to do here in your podcast. But how I feel that, no matter how 2019 is, it's about healing that inner self and especially with the Cancer. In those eclipses they are benefiting our own inner...as we know the reaction from the self changes the outer world. And it is where...that's just the important part of this. I think that Mercury then goes retrograde again. It happens again and again, 3 times a year, so that's just a faith that I would like to give you so that we know that it goes retrograde on July 7<sup>th</sup> until July 31<sup>st</sup> between Cancer and Leo signs. It goes retrograde. It's like a loop. But the whole year of 2019 I was suggesting especially around the birthday for a Cancer it's also important because it affects following that intuition, allowing yourself to break through in what hasn't been healed.

JUDITH: Okay. So really Cancer, what you're saying, is follow their intuition for what needs to be healed, yet what they need to let go of.

AGNETA: Totally. And this year would be very beneficial because Saturn is helping us to break through barriers, wounds that have not been able to heal. But also because of what we call the moon's nodes which are eclipses. They are in Cancer/Capricorn so it takes that...I finally let my inner show

that I do care for my surroundings, my family. I haven't thought about my mother for years, so it's like all those subconscious not just doomsday, the love of life too can be emotional, overwhelming at times. So, I think that should be observed in a positive way because there's a lot of Cancer in this chart as we're looking at.

JUDITH: Well that's great. That's a good reminder too because what needs to be healed can be, oh I don't know maybe make us sad or say oh my god I still have to do this again. But what you're suggesting is we can also look at all the positive things that go along with that. There are two sides to every coin is what I'm getting at. Good.

AGNETA: Yeah, yeah, definitely yeah.

JUDITH: So, we start Leo with a Mercury retrograde.

AGNETA: We do yes, yes. And actually, in that month when we start **Leo** people might say that you have you know the basic pattern where we deal with 10 planets and there's 5 retrograde planets. All the planets do go retrograde quite often, Pluto half the time. But then both Jupiter and Saturn, Neptune, Pluto and **Mercury are retrograde at the end of July** so there you have that Leo acts as: I am strong. I am a leader. And let's see what we can help those Leos because the don't know all the time but with that there's quite of that retrograde motion that in the Leo also part of visualization, allowing that to come through is very good for the quiet Leo in the date, Leo in the mid August has very good potential for being the courageous self that they are, being strong as they are. But when we deal with Leo, any type of Leo, then it could be the arrogance and the ego can get in its way. But overall the Leo energy, especially in the sign of Leo does very well for that optimistic part that we should always have. You know? Mercury goes into Leo on August 11<sup>th</sup> and it's part of...Leo is very creative and it's tough sometimes when we find too much Leo it get arrogant and egotistic but in that part it's also, they are often, they take over. But in that process this year it could also be a challenge with both Saturn restriction and unexpected. So those Leos that assume things might have a few surprises in this time frame, especially in April. But that's going back but this is how you see it. Don't overdo.

JUDITH: So, another message of don't over-do but to, if we feel our intuition is guiding us to step up to the plate in a more leadership capacity. For a Leo this is actually a good time for them to say yes.

AGNETA: Very nice, yes, right, right. Definitely. Are we going to get through all those beautiful signs?

JUDITH: We are! This is great. Let's go to Virgo.

AGNETA: The **Virgos**. I like all signs but there is the Virgo that has, as there was Leo, as we talked about Taurus, we have to do the definition of quality of earth. Virgos are Virgos. They do do things very accordingly and in that phase the Virgo is very good for...as it is Virgos always come out good at the end of the day. This is a good year for Virgo to really see the quality of life. They always do things very dutifully but depending on what day of the Virgo cycle you are born, your audience are born, this is an excellent year for allowing the persistent, the precise pickiness of Virgo is excellent this year. It really...I have suggested to some Virgos that you know they have household, everything looks good and then in one drawer it's a mess. This is part of allowing Virgo because it's a beautiful trine in different time frames to really allow it to have kind of like a good joke on yourself to say, yeah, you're just about perfect. Just a little bit less. But here's a good year for them to practice that perfection that's in them. Like we all would like to take the time to put things back perfect. We just can't do it unless we have that much...we all have Virgo in our charts, so I sometimes let them go and then laugh a little bit. They don't have fun all the time and that is a suggestion that it's all good. It's a beautiful year for accomplishment, for allowing that to say well, maybe I don't care about that little shelf that is not in order. It's also a beautiful time for you also to be reminded that in that process the Harvest Full Moon, we come back into the fall already on September 14<sup>th</sup>, it's not an eclipse, we also have what I consider a good day for the Women's Equality Day. There is a good trine. I don't know if there will be news about it but there is a very possibility of women feeling recognized this time around in 2019. There are new visions. It is a beautiful trine to this Uranus that has said we are all part of society and Virgo will be noticed, in my way of looking at this possibility.

JUDITH: You know what's interesting about that, a family member of mine read a book about how the architecture was set-up for the Founding Fathers for Washington D.C. and a lot of it was based on Virgo.

AGNETA: Or all signs but you say Virgo?

JUDITH: There was something that was done with the construction in alignment with Virgo and again I hear the preciseness. I hear the attention to detail, you know? The way the Washington Monument was set-up with the Capital building. You know, that type of thing.

AGNETA: They were all masons. They were all doing astrology and we don't want to take that credit, but it's all lined up in the patterns. And when you walk into the rotunda you see in the top there are all kinds of symbols. When we have had astrological conferences in Washington, we have tours, walking tours by people who live there, an astrologer who lives there in Washington. They show all the signs. They're all there. If you look at...I'm not going to repeat that and take the time but it's all there. They have special tours; how much astrology was Masons. The timing sometimes of the chart of America historically it couldn't be 2:13 in the morning. They say it's 5:00. I still like the Gemini ascendant versus the Sagittarius ascendant. So, you have that. In that process they all look into astrology underneath but, so as we know the Reagans, President Reagan, we knew he had an astrologer. That was not news to us. And let's put it that way, it's all under the table but it's there. It's there.

JUDITH: Right. And that's how the country was founded, which the powers that be don't always like to disclose or discuss in any way.

AGNETA: And it makes me kind of comforted in my heart to hear that, which that part of Virgo I didn't know but I knew all the different symbols that are there. Because the Capricorn, haven't we found some members of congress, the states, world leaders, they do have a heart. They don't show it all the time, but you know this is the year...2019 to me is the year of preparation. They, as the government, have to be cautious to not themselves get caught with the future. They are listening, or some of them, let me put it that way. So, this part of the Virgo as we move onto the next phase is very interesting how you say that because it's a very important sign in 2019. Getting into the Libra. Yes, did you have a question?

JUDITH: No, no. No, no. Keep going.

AGNETA: Right. So now we go into the vernal equinox and that is the sign of **Libra**. Now that is very crucial because that's a little bit more work with Libras and that would be the beginning of our podcast here how chiron, the

healer, has had his own school of healing. It's a point of our consciousness for Libras to really say that "maybe everything was okay" because Libra always wants everything perfect. You have a little feather in that scale of balance, they're off. So, this is the time to say well maybe they did enough, Libras, healing but this year of 2019 is the opportunity allowed anybody coming your opposite way to say "Welcome in and talk to me. Let me see what I can find that is not perfect." Because you know Libras do want it perfect and also, they challenge into that in a square into all those Capricorn planets that I know I have repeated myself, because it is crucial when you see a line-up like that. Definitely Libras need to speed up their healing, their recovery, their way of looking at a new world and embrace that. Otherwise there's too much resistance in this that we have tried to get across that we need to be our own bosses, which we are, but don't let outer circumstances take you over. That's very important for Libras.

JUDITH: So again, again it seems like 2019 have many messages about all of us really checking on our inner level. It doesn't matter what sign we're in but to trust that intuition from whoever we are, you know? And to go into the world from that perspective rather than kind of getting rattled around by the outside world.

AGNETA: Correct. That way you can handle the outside world.

JUDITH: Exactly.

AGNETA: Because if we don't have that in us, as we know, the stronger we have of the inner the more we can deal with the outer but because of the preparation of 2020. It's more like, where have you been lately is 2019. Don't waste the time. Vigorous earth qualities. Observing perhaps, have your audience looking at how beautiful it is with the first quarter moon and all the different phases to make sure we don't freak out. That, and be aware...why don't I feel good and then sometimes people say it's that full moon's fault. Well be aware. Be aware that there is a flow of opportunities from that healing quality that we all...very important because as we see with the news it can be gone in a second and that's all I want to say. So, the next sign is Scorpio.

JUDITH: Okay.

AGNETA: **Scorpio** has more of an opportunity to reach out to those qualities of Capricorn and also Scorpio as it is has the quality to, never mind

hide things but that's, we know that. There goes again that time frame of **Mercury being retrograded from October 31<sup>st</sup> to November 20<sup>th</sup>** and sometimes they change signs but that's all in Scorpio. So, Scorpio and Taurus are going to be the more effective by that retrograde motion. But that's, you know, the natural face of it. It is as it is to reach out to goals, commitments. It's also quite good for Scorpios to allow the opportunity to find how much healing they've actually done. And healing to me is not only going to the doctor. It's about seeing your life, what you have accomplished. Seeing your life...well I did take care of that part of my career and I'm changing, I'm aware. So, this is part of anything can happen. Expect the unexpected Scorpio and reach out to that which you have earned, if you will, because Scorpio is look, and you know those Scorpios they kill to get somewhere, but that's not nice but it is also the truth of finding that Scorpio is all or nothing. And this year there's a lot of opportunity to be honest to that.

JUDITH: Okay.

AGNETA: Don't use the...Scorpio has such an interesting level of Scorpio, killing. The next level is the ego, observing and the fooled one illuminating as transformation is the eagle, the white swan and the dove to say I'm at peace because I have healed. I have come full circle. The 29<sup>th</sup> is that circle to say hey, what else can I do? You don't want to not live. It's about allowing a different force to come in through you. It's very strong. It is actually quite beneficial if you allow that secretive part of you to come out, then Scorpio should be just fine.

JUDITH: Okay. That sounds good because I always think of Scorpio as you mentioned with the three different levels. So, we have the choice to make of whether or not we want to stay in a, I want to say the lower three chakras. You know? Do we want to be mean and do we want to hide things and do we want to hurt things? But Scorpio in particular can rise above that literally on the wings of eagles.

AGNETA: Beautiful, yeah. And this is a good year for that, yeah.

JUDITH: Okay, last but not least let's do Sagittarius.

AGNETA: **Sagittarius** then comes in for 1 year as Jupiter stays in Sagittarius. That would be 12 years so Sagittarius can look for a 12-year cycle to say like, well here I am somehow if I don't assume that I will have a

successful year it can be a success. Plugging along in that mode, if you will, then the only thing is like don't over-do, don't over-spend because Jupiter will eventually go into Capricorn where it really doesn't like to be. And we can look at the year 2000 just to say like in general, not cycles, big cycle but it was 2000 and this cycle is going to start in 2020 which I know I have mentioned a few times. But because we're talking about Sagittarius at this point it is so good to have what we consider Jupiter being a visionary, Sagittarius' new goals, new education. The visions of positive optimism is beneficial just don't set unrealistic goals. Then it's an excellent year for that Jupiter trine and all the good stuff about, you know, clearer November 27<sup>th</sup> and coming into that whole phase of finding there's not so many retrograde planets at that point so we do have to say that Jupiter is the most beneficial part of all the planets just because my personal experience or experience through many years...I always get a little cautious. Then we don't over-do or over-spend then it is very beneficial because he's home, at his own home if you will. And that does affect also Gemini as a new way to say, that is a good year to say let's do a little travel. Or let's see what other visions I can have or have in that process.

JUDITH: Well you know with Sagittarius too and what your comments about Jupiter are, what I hear in this is not over, build up so many goals you know. It's the typical New Year's Resolution where we have 1,000 goals and we're lucky if we do two of them. So, I see that caution here to is to make the goals very realistic. What can I do with my time and energy to be effective and purposeful rather than scattered? Because Jupiter provides the big stuff and we have to be honest about what we can do and not do.

AGNETA: It could be like somebody might want to just take a year out of that little extra, not a big degree but that extra little education, courses if you want to do something. This is a great year because it goes right into the other part of your chart so that on December 3<sup>rd</sup>, 2019, it moves into Capricorn. So, it's a quick planet but also, it's a very loud planet if you will. Listen to that. Sometimes Sagittarius could be too flirtatious, too optimistic to something, but this is a good year to be aware, to cut that down a little bit and be the optimist that we all need.

JUDITH: Right.

AGNETA: Like we said before. We all have some Sagittarius in us, but we have that little, we say sometimes planets are little people in our charts. So

that's part of us. We've become alive with Jupiter in Sagittarius and that's a good one and that's again to emphasize the preparing for 2020. Then Sagittarius is prominent to try to do that exactly.

JUDITH: Well I really appreciate this summary for the year. I think you've gotten some great tidbits. A couple of little mottos there for the different sun signs. At least a starting point for us to be mindful for 2019. Hopefully some of the climate stuff will be just a little softer. We've been hit hard. We need to pay attention to our government, but I think the underlying quality for all of us to remember is to go within, to check in with our intuition. To really understand what we've healed and to go forward creating the world that we want, and that's part of the energy that's broadcast.

Is there anything else you'd like to add before we end?

AGNETA: I would like to just say we started this first year with a Capricorn but to end the year with 2019 then Capricorn also has an ending of great importance this whole year because it's already enough Capricorn planets. So, there is the **solar eclipse December 26<sup>th</sup> in 2018** to start the new year of 2019 that the end then will be synthesized by a solar eclipse December 26<sup>th</sup>, so the end of the year is why we consider 2019 opportunities. And so if we turn off the rules of the government, then we have a lot of responsibility to follow our path of discipline, of timing. Then there is great, to me, great preparation for another cycle and that's part of the hope, as we thank you for doing the work that you do Judith, because "As above, so below." They are connecting very strongly this year positive thinking and the disasters will happen but if we are ready within ourselves to take responsibility for our own bodies, for our own well-being whatever situation that could be, then we are more prepared to benefit from 2019 so that we can enjoy going into the future, which is the future.

JUDITH: Yes, but I like, forewarned is forearmed. And any tools we can gather in, for me it always I think strengthens my purpose and strengthens my own walk in life, so to speak even if nobody else knows that, you know?

AGNETA: No, no but they do. And that's what I feel the shift is about. Not just political things but there are people who have to leave their countries. so when we say whatever we have at this point, is what 2019 can make us appreciate more. Those little paths come into individual consciousness, into

mass consciousness. We can't do anything about the big picture because it's pretty big, you know? It's not Yemen, all the different, what's that called? The caravan. All that goes under news. We take our responsibility and that is great for the 2019 for all of us.

JUDITH: That's great. That's a great summary. Agneta can you leave us with your contact information? I'm sure there are folks out there who would like to book an appointment with you.

AGNETA: Right, thank you. I do have a web page and it's [www.agnetaborstein.com](http://www.agnetaborstein.com) If you want to you can also e-mail me, [agnetaborstein@gmail.com](mailto:agnetaborstein@gmail.com)

JUDITH: Great, that's wonderful. And I can only say that Agneta is a very respected astrologer in my neck of the woods and it's an honor and pleasure to have her here to share her insights and her wisdom, so thanks again.

AGNETA: Thank you very much for your work that you do. It's a pleasure. Maybe I'll see you in 2020!

JUDITH: I hope so. It sounds like we need to get some insight into 2020, huh?

AGNETA: Yep, this is the preparation so that's all good.

JUDITH: Well I want to thank you again for joining us at The Holistic Nature of Us. I know I'm inspired. There's lots of practical advice and some real good take aways for 2019 for all of us.

This is Judith Dreyer. I'm the author of "At the Garden's Gate", book and blog. My book is available through my website [www.judithdreyer.com](http://www.judithdreyer.com) as well as several distribution arms such as Amazon, Nook, Goodreads and more. I'd like to remind all of you that a transcript is available for each podcast. And please like and share these podcasts. Let's get the word out and support each other.

And remember, NOW is the time for practical action and profound inner change so we value our world again.

Enjoy your day.

